

PREP – Penobscot River Educational Partnership  
presents a parent and educator session on healthy friendships  
Thursday, October 21<sup>st</sup>, 6 p.m.

*Healthy Friendships: Your Questions Answered*

*Dr. Lauren Holleb, Licensed Psychologist, Certified Parent-Child Interaction Therapy Provider, University of Maine at Augusta  
Assistant Professor of Mental Health and Human Services*

*55 mins. via Zoom*

This session will provide an overview of friendship and peer acceptance during childhood and adolescence, discuss its importance to socio-emotional adjustment and well-being, and ways that parent(s)/guardian(s) can identify and help students who may be struggling socially. The session will provide an evidence-based discussion of friendship, aspects of friendship that afford risk and resilience, how friendships differ based on sex and developmental level, and practical ideas for how to handle social challenges.

6-6:55 p.m., Thursday, October 21st

Link: <https://maine.zoom.us/j/81063264604?pwd=TFIHTkFzb3pvTXE0RXExVTRtNmh6dz09>  
Password: 156787