

November



BANGOR SCHOOL DEPT

WS COHEN LUNCH MENU

Choice of low-fat or skim milk served with each menu.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HALLOWEEN 31 Hot Dog on a Roll Vegetarian Beans Carrots w/Dip Mandarin Oranges/Sugar Cookie	1 Ham & Cheese on a Bun Sweet Potato Fries Broccoli Fruit Cocktail	2 Cheeseburger on a Bun Celery w/Sunbutter Seasoned Pasta Pears	3 Chicken Nuggets Breadstick/Rice Green Beans Applesauce	4 Stuffed Crust Pizza Corn Pretzels Fresh Fruit
7 French Toast Sticks Apple Juice Sliced Ham/Hash Brown Fruit	8 Sloppy Joes Seasoned Pasta Green Beans Pineapple	9 Grilled Cheese Sandwich Pretzels Carrots with Dip Applescrisp w/Topping	10 Dip a Taco Beef, Cheese, Lettuce & Tom Corn/Spanish Rice Fresh Fruit	11 Veteran's Day
14 Hot Dog on a Roll Smile Fries Carrots w/Dip Applesauce	15 Sweet n Sour Chicken Rice Broccoli Pineapple/Fortune Cookies	16 Chicken Patty on a Bun Vegetarian Beans Broccoli Pineapple	17 Turkey Roast w/Gravy Whipped Pot/Peas Cranberry Sauce/Roll Fruit Mix	18 Hamburger on a Bun Celery with Sunbutter Seasoned Pasta Fresh Fruit
21 Parent Conferences	22 Parent Conferences	23 Thanksgiving Break	24 	25 Thanksgiving Break
28 French Toast Sticks Apple Juice Sausage/Hash Brown Fruit	29 Chicken Nuggets Rice Pilaf Dinner Roll/Broccoli Applesauce	30 Hot Dog on a Bun Vegetarian Beans Carrots with Dip Pears	1 Spaghetti w/Meatsauce Dinner Roll Celery w/Dressing Pineapple	2 Pizza Quesadilla Corn Pretzels Fresh Fruit

There is no charge for breakfast and lunch this school year.

This institution is an equal opportunity employer. Due to several food shortages, the menu may change without prior notice.